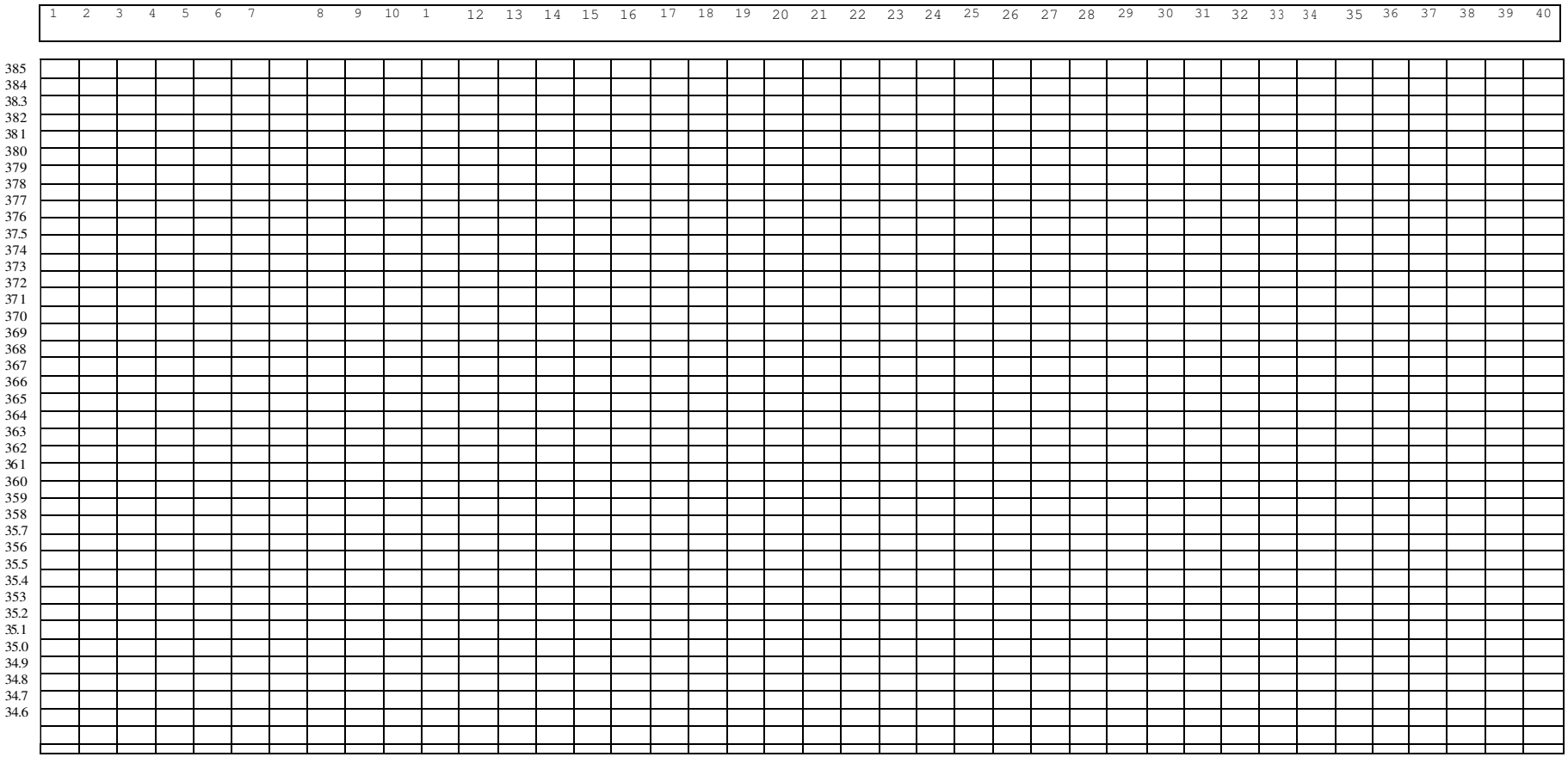
Celsius Basal Temperature Chart

Name: _____ Month(s): _____ Year:



TEMPERATURE: [ ] VAGINAL [ ] **RECTAL** [ ] **ORAL** [ ] **UNDERARM**

COMMENTS: